

2010 Graduates



High School

Brian Eggleston, grandson of Bill & Yvonne Eggleston, graduated from Salisbury High School in Connecticut, and will attend Stetson University in DeLand, FL, in the fall.

Daniel A. Freeman, grandson of Shirley Shoemaker, nephew of Don and Terry Freeman, graduated from Warren County High School and will attend James Madison University in the fall.

Jennifer Vetter, granddaughter of Bill & Yvonne Eggleston, graduates from Mt. View High School in Stafford, VA, and will attend James Madison University, Harrisonburg, VA, in the fall.

Austin Ankers, great-grandson of Ella Mae Santino, grandson of Allen Ankers & Adele (Santino) Merrix and son of Edward Ankers & Tracy Ankers graduated from Fauquier High School, Warrenton, VA, and will attend Northern Virginia Community College in the fall. While attending college, Austin will be living with Ella Mae.

College

Allison Dreon, granddaughter of Vic & Peggy Canody and daughter of David & Barbara Canody; University of Virginia with a B.A. in Studio Arts

Shannon Eggleston, granddaughter of Bill & Yvonne Eggleston; Virginia Tech with a B.S. in Communications, & minors in Event Planning and in Psychology

Christine Runton, granddaughter of Evelyn Cantrell; University of Virginia with a B.A. in English Language & Literature and a B.A. in Foreign Affairs

Kyle Osborne Wilhite, grandson of Georgia Wilhite; Salisbury University (MD) with a B.S. in Biology and a B.S. in Environmental Mainland Services

Congratulations and best wishes to all of these graduates & their proud families!



Please take time to look at the flower chart posted in the hallway outside the Music Room. There are a few blanks for altar flowers from July through December, but especially in November. Additionally, one can dedicate flowers for the "stand" if the week you desire is already taken. Arrangements cost either \$20 or \$30. Instruction sheets are posted beside the charts.

If you have forgotten to pay for your Easter flowers, the Worship Committee would appreciate your doing so as soon as possible.

Should you have any questions regarding this ministry, please contact Edna Carrington at 703-525-1129.

The TeleGraham

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July/August 2010

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UPDATE ON FIVE TALENT ACADEMY

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Just a quick update to the congregation on our participation in the Five Talent Academy.

The GRUMC Council signed a covenant in April to enter into this Conference-wide structure to become a renewed faith community. The Conference task force has changed the format for the training, based on lessons learned over the past year for those who joined in 2009.

To decrease the amount of time Lay and Clergy spend traveling to and from the four annual events, as well as the time at the events, they have combined the guest speaker and peer group discussion to complete one objective. We will now attend two meetings to complete two objectives each year.

Members from Graham Road will be attending our first event on Thursday, September 23, 2010, in Williamsburg at the Williamsburg Community Chapel. Eric Geiger, co-author of the book "Simple Church," will be the guest speaker. We will meet with our peer group church(es) after lunch.

The next meeting will be in the Spring of 2011 on a Saturday. We'll announce those plans as they are made available.

If you are interested in attending the September meeting on the objective, "Faith Development," please contact Pastor Marable, Council President Cliff Mauck, or Lay Leader Becky Cooper.

Learn about the exciting Baobab tree and how God created this tree as a complete eco-system for animals and plants.



Vacation Bible School

July 12 - 15, 9 to 11:40 a.m.

Come enjoy music, dance, crafts, games, and tons of fun! This is a free ministry of Graham Road United Methodist Church open to all children ages 3-12 years old. Registration is open through July 12.

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CHILD CARE & PRESCHOOL

Preschool
 Preschool is off for the summer. They have some special activities planned for parents and children. Some of the planned trips are to the museums, farm parks, and Wolf Trap "Theatre in the Woods." Attendance at these trips is voluntary. We miss our preschoolers and wish them a safe and happy summer as we look forward to their return in September.

Child Care Center
 The Achievement Ceremony was held on Thursday, June 24, 2010 at 4:30 in the afternoon. The program was in the sanctuary with refreshments following in the fellowship hall.

This was a special time to say good-bye to our children entering kindergarten. We had 11 children going to several different kindergartens in different area schools. A number of these children had been with us since they were 2 years old. They will be missed.

VBS
 The child care 3 and 4 year olds, as well as many of the preschool children, will be attending Vacation Bible School here at Graham Road. We look forward to learning about the "Baobab Blast" and what



it is all about!
Enrollment
 The child care currently has 39 students. We have 11 children leaving, therefore, we will have openings in all classes. If you know of anyone looking for a child care, please let them know about our center.

Temporary Job Opening
 One of our teachers is going on maternity leave in July. If you know of anyone that might be interested in working 40 hours a week for a couple of months, please call Ms. Judy at 703-641-9073 extension 208.

Church Photo Directory

Please make the following corrections/additions to your recently acquired Olan Mills directory:

- **Rodney & Sara Becker's phone number** *did* change to 703-729-6170.
- **Dot Bullion's phone number** is 703-534-6482.
- **Tammy & Steve Cox's phone number** is 703-669-2999.
- **Page 1 lists our zip code** as 22014-1640 and should be 22042-1640.


(continued page 3)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:30 Sunday School 11 Worship	2	3	4	5	6 6:30 Pizza & Praise service	7 8 U.M.M. Break- fast Mtg. (F.H.)
8 9:30 Sunday School 11 Worship	9	10	11	12	13	14
15 9:30 Sunday School 11 Worship 12:15 Potluck Luncheon	16	17 7:30 Church Council Meeting	18	19	20	21
22 9:30 Sunday School 11 Worship	23	24 7 Finance Ctrte. Meeting	25	26	27	28
29 9:30 Sunday School 11 Worship	30	31				

July 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
4 Independence Day 9:30 Sunday School 11 Worship Youth return today	5 Independence Day Holiday Church Office Closed	6	7	8	9 6:30 Pizza & Praise service	10
11 9:30 Sunday School 11 Worship 12:15 UMW hotdogs & more lunch for all	12 "Baobob Blast" Vacation Bible School, 9 to 11:40 a.m.	13 7 SPRC Mtg. in Fellowship Hall	14	15 6 VBS Presentation followed by Potluck Supper (Sanct. & FH)	16	17 Youth SPY Mission Trip 
18 Youth on Summer Project Youth (SPY) Mission Trip, New River Valley in southwestern Virginia	19 Youth on Summer Project Youth (SPY) Mission Trip, New River Valley in southwestern Virginia	20	21	22	23	24
25 9:30 Sunday School 11 Worship	26	27	28	29	30	31

A Note from the Pastor



Dear Graham Road U.M.
Church family,

I hope you are all having a wonderful summer. I went on a short vacation last spring to the Shenandoah Valley of Virginia. While there we visited Greene Valley Book Fair, a real temptation for a book lover like me! I bought a couple of children's books there one of which told the story of a woman named Wangari Maathai.

Wangari was born in 1940 in Ithite, a small village in the verdant, fertile land of Kenya. Brilliant in school, Wangari was awarded the Kennedy Scholarship to attend college in America, where she earned both a bachelor's and master's degree in biological sciences. Wangari returned to Kenya to attend the University of Nairobi and became the first

woman from east Africa to earn a Ph.D. She taught university and is today a member of the Parliament of Kenya.

Wangari started the Green Belt Movement Kenya in 1977 on World Environment Day by planting nine seedlings in her back yard. She was responding to the growing deforestation of her homeland. She saw many changes in daily life, especially among rural woman. Some of these changes were lack of fire wood, poor soil, erosion, and the lack of clean drinking water. The desert was creeping closer, encroaching on the fields where crops and trees once flourished.

She enlisted local women to help her plant more indige-

nous trees. By 2004, thirty million trees had been planted, six thousand nurseries existed in Kenya, the income of eighty thousand people had been increased, and the movement had spread to thirty African countries and beyond.

Wangari Maathai was awarded the Nobel Peace Prize in 2004 for her contribution to world peace through the Green Belt Movement. In African tradition, a tree is a symbol of peace. So it was fitting that when notified of winning the award, one of Wangari's first acts was to plant a Nandi flame tree at the base of Mount Kenya. In her acceptance speech she said:

"We are called to assist the earth to heal her wounds

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Church Photo Directory

(continued from page 2)

For those who did not receive or buy a photo directory, you will soon have something in-hand to keep up with your friends' addresses and phone numbers. ***A new Address/Phone Directory is being prepared for distribution in mid-July for all the GRUM Church family.*** Please call the church office if you find any other errors in the photo directory listing. We'd like the July directory to be as accurate as possible.

Coffee & Snacks Sign Up

The July through December sign up sheet is on the table outside the kitchen for this fellowship ministry each Sunday after worship service. Please consider taking a turn to set up, provide snacks, and prepare the coffee/hot water, etc.





All God's Children

August 1-6, 2010

This summer children of incarcerated mothers will come together August 1-6 for an adventure at Camp Highroad. They will swim, fish, hike, sing, roast marshmallows, and learn how much God loves and cares about them.

There are many opportunities for Graham Road to help provide this experience for these children, who face so many challenges in their lives. **We will be collecting supplies and financial aid through Sunday, July 18.**

SUPPLIES:

- *sleeping bags (plain colors)
- *pillows and pillow cases
- *twin-size flat sheets
- *rain ponchos
- *swimsuits (assorted sizes)
- *school supplies (notebooks, markers, crayons, pencils)
- *shower totes with handles

Please place items in the collection box outside of the kitchen.

FINANCIAL AID:

A scholarship of \$350 sends one child to camp. Contributions in any amount will be gratefully accepted. Please make checks payable to GRUMC and mark the memo line and envelope "All God's Children's Camp".

MENTORING:

Volunteers spend the week at camp, providing companionship, supervision, and compassion to the children during their daily activities. They assure the children that God cares about them in the midst of their struggles.

Please see Judy Anderson for a Mentor Application.

TRANSPORTATION:

Volunteers are needed to provide rides to and from camp. Please talk to Judy Anderson about this opportunity.

PRAYERS:

The camp, counselors, and children need your prayers.

United Methodist Women

Yard Sale Thank You

I wish to personally thank the following people who helped with our annual yard sale, whether pricing, setting up/breaking down, taking money, or selling: Cliff (thanks for breakfast!!) and Connie Mauck, Walter and Doris Coverston, Donnie and Billy Freeman, Cheryl and Alexis Gillmore, Al Carraway, Fred Geisler, Sam Brownlee, Edna Carrington, Doris Douglass, Lisa George, Julie Attaway, Becky Cooper, Gloria Wilson, Phyllis Smith, Sue Gause, and Barbara Clark. I have tried to list all I knew or saw working for the sale, and am sorry if I have missed anyone.

~Marie Lukac

A Day Apart With Rising Hope

Sitting in the second floor sanctuary of Rising Hope UMMC surrounded by windows looking out over the tree-tops in all directions, 75 ladies of the Arlington/Alexandria District UMWs gathered for a unique "Day Apart". From GRUMC's unit, Marie Lukac, president, and Judy Anderson, social action coordinator, attended to worship, learned more about this Virginia Conference "Healing the Hurts" mission church, and volunteered in one of its many missions.

The church was founded in 1996 by Rev. Keary Kincannon, operating out of his car to serve and minister to "the least, the lost, the lonely, and the left out" along the Route 1 corridor in Fairfax County. His small band of worshipers has moved to the present location and has emerged as a thriving center for healing and transformation for the entire community. Although two thirds of the congregation are or have been homeless, together with volunteer and financial support from other churches, they make 52,000 assists from the food pantry yearly; serve 18,775 hot meals to the hungry; and offer 100,000 direct service assists to the needy. In addition they operate a hypothermia shelter during the winter months. Dispersed along with these impressive assists is the love and power of Jesus Christ through well-attended noontime prayer services and Sunday worship. Rising

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MARK YOUR CALENDAR

- July 11: Hot-dog Lunch (Fritzi Johnson/Ann Heath Circle)
- July 22-29: School of Christian Mission, VUMAC, Blackstone
- Oct. 10: Bean Soup Mix Sale (Julia Rose Circle)
- Nov. TBA: Leadership Team Budget Meeting
- Nov. 14: Souper Sunday (Fritzi Johnson/Ann Heath Circle)
- Nov. 20: District Advent Event, location TBA
- Dec. 12: Christmas Potluck Luncheon (Julia Rose Circle)



◆ Someone has equated laughter with changing a baby diaper. "It doesn't change things permanently, but it makes everything OK for a while."

◆ May God's joy shine down on you like the rays of the sun, filling your heart, soothing your spirit, and easing your pain.

“The Scoop” from the

President’s Corner

by Marie Lukac
UMW President



In 2008 Project Kaisei ("ocean planet" in Japanese) was founded to find solutions to stop the flow of plastic debris into the oceans. Members of the project sail in research ships to sample debris in the water at various locations around the world.

The North Pacific Gyre is an area in the central North Pacific Ocean which has a very high concentration of suspended plastic and other debris from North America and Asia. Even

only 400 miles off the coast of San Francisco plastic was found. This debris included toys, toothbrushes, garden chairs, and water and detergent bottles. "Ninety percent of ocean debris is plastic. The plastic over time breaks down into confetti-like particles, which are ingested by sea life, thus causing damage and making their way into our food web."

Project Kaisei not only helps to clean up the debris with collection devices, but also provides

education to increase awareness and understanding of the issue, and helps bring about changes to prevent the pollution of our oceans. "One of the best ways people and companies can help is to lessen the amount of virgin plastic generated and to recycle diligently."

("My Ocean Planet" and "Update: Project Kaisei," [Response](#), May/June 2010)

United Methodist Aviation Raising Up Local Leaders

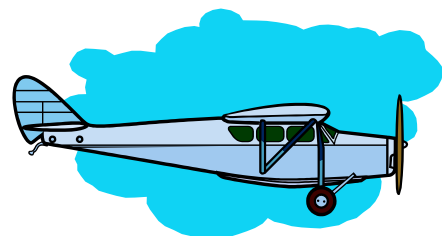
by Rukang Chikomb

Better than doing something for other people is empowering them to do the job themselves. Congolese pilots are now serving their own communities -- leading the way into the future.

I grew up and went to school in Kapanga at the United Methodist mission station. I remember how I used to go to the airstrip to help fill the holes in the dirt runway left by children digging for crickets. It was important to smooth out the surface for the next plane. In return, the missionaries paid for my school fees. I remember all of us praying for a patient who was being loaded into the plane by the pilot to be flown to the hospital in the big city of Lubumbashi.

Today, I am blessed to be the pilot doing that same mission work. I fly those patients, as well as medicines and church leaders, to and from the villages. It is a blessing to have become a church leader serving in the Aviation Ministry of The United Methodist Church.

([New World Outlook](#))
Ruth Bucklin



Serving in Moldova



Greetings from Munich!

This summer I will be participating in a mission trip with the church (Munich International Community Church) to Moldova. If you're not aware of the location, this is east of Romania, and west of Ukraine. A total group of eight will travel and serve there starting the 7th of August; we will be at a camp, helping with upkeep and teaching orphan children English, organizing crafts and sport activities, working alongside the church there and participating in other various activities in the community. I have learned that Moldova is one of the poorest countries in Europe, with the lack of plumbing these children have for showers and the use of out houses. To them, this will be a time for fun and to know Christ. I am writing to ask you for support in your prayers as I venture into this experience and also, to ask if you would be interested in supporting our missions financially. The funds we receive will go directly to the camp itself, helping to make it possible for children to attend and for the camp to be well equipped. Just 25.00 Euros (\$30* U.S.D.) will help pay for an orphan camper; 50.00 Euros (\$61* U.S.D.), bus fair, a nurse, or craft supplies, etc. I have purchased my airfare along with other covered expenses. [* = U.S. dollars rounded off]

How you can help:

Prayer needs

1. Pray for my preparation as part of a team of 8 people from Munich.
2. Pray for the people of Petrovca, Moldova.
3. Pray for the children, and especially the orphans, that they could experience a taste of God's goodness and love through our visit.
4. Pray that I would have an open mind and heart to learn what God has in store for us in this time of service.

Financial support

If you wish to give, your gift is tax deductible when given through a group of International Churches with U.S. offices. They will issue you a receipt in 2010. Please make your check out to ICC (International Christian Community) along with a note: To Moldova Missions, Ed Jones. This will inform of your donation and the amount; ICC will forward the gifts to our church.

Mail the check to: ICC • P.O. Box 5407 • Rockville, MD 20848-5407.

You can visit their website at www.icc-ministries.org

I will be happy to give a report of everything when I return to Munich. Thank you for all your wonderful support.

Blessings, Ed Jones

UMW...More from "The Scoop"...

Kits for Conference

A joyous thank you to all the people who contributed to providing kits which were taken to our Annual Conference in Norfolk this year. A total of \$391.00 was collected to purchase the following: 3 school, 18 health, 4 sewing, and 2 baby layette kits. Also, the Silver Foxes bought materials and put together 10 health kits.



Rising Hope Benefit Concert

Rising Hope United Methodist Mission Church and Bethlehem Baptist Church are partnering to host a concert to benefit the homeless on Friday, August 6, at 8 pm (doors open at 7 pm) at Bethlehem Baptist Church, 7836 Fordson Rd., Alexandria. Featured will be Jeff Majors, a nationally known inspirational jazz and gospel composer, musician and harp master. Local gospel and praise bands will also perform. Donations of non-perishable food and clothes may be brought to Rising Hope UMMC from 1-4 pm in exchange for tickets. The address is 8220 Russell Road in Alexandria, call 703-360-1976, or email Info@risinghopeumc.org.

A "love offering" will be taken at the concert, but there are also tax deductible sponsorship levels that individuals or organizations within churches like Graham Road UMC may subscribe: Supporter - \$250.00; Hope Lifter - \$500.00; Angel - \$1,000.00; or Saint - \$2,000.00. For more information, see Judy Anderson for a commitment form or email kkinon@risinghopeumc.org.

A Day Apart...(continued from page 9)

Hope Church is one of the missions receiving contributions from our UMW fundraisers, which our congregation generously supports.

The "Day Apart" began with breakfast and worship, followed by a tour of the building to learn more about the many mission projects accomplished there. Time was set aside for hands-on volunteering. Judy worked in the food pantry, while Marie cleaned toys as part of the children's ministry. A delicious lunch and closing worship ended the productive and inspiring day.

Food for Thought

I love snorkeling. I snorkeled for the first time when I celebrated my 50th birthday in Hawaii with two of my children. By the time I turned 60, I'd snorkeled off nine different islands in the Caribbean.

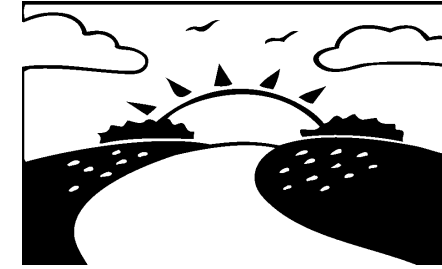
The absolute peace I feel while down in the ocean is incredible. The fish and coral are magnificent: stunning yellow and orange, electric blue, wild red, fluorescent green. It's also scary down there. My heart raced when a barracuda darted past me and when an eel slithered alongside me before disappearing into a large rock cave. Thousands of cantaloupe-sized sea urchins that look like pin cushions with razor-sharp needles projecting from their bellies are nestled on every rock and coral reef. Even the hard, sharp-edged coral, which you're not supposed to touch because it's an endangered living thing, is dangerous to soft flesh.

I've learned that life is a lot like the ocean: scary and rough in spots, but mostly beautiful and exciting. Over the years I've navigated through many ups and downs, trials and joys. But like snorkeling, life can be managed beautifully if you keep your eyes open, use the proper equipment, rely on your faith, and always swim with a friend. -Patricia Lorenz

(Adapted from *Daily Guideposts*, 2007)

An Irish Blessing

May the road rise to meet you,
May the wind always be at your back,
May the sunshine warm upon your face
And rains fall soft upon your fields,
And until we meet again,
May God hold you
In the hollow of his hand.



GOOD ADVICE



BLESSINGS
ON YOUR
BIRTHDAY

There comes a time in life
where birthdays are not for
counting candles so much
as they are for
counting blessings....

A Note from the Pastor

(continued from page 3)

*the whole creation in all its diversity,
beauty and wonder."*

Especially in the summer we have many occasions to be outside and to enjoy God's creation. As we are out and about we are reminded over and over again of the Psalmist's words: "*The earth is the Lord's and the fullness there of*" Psalm 24. I was reminded of those words on my trip to the Shenandoah Valley of Virginia and when I read the children's book, *Wangari's Trees of Peace*.

I am proud that Graham Road UMC is a congregational family that works at ways to be better environmental stewards all year long. We recycle regularly and last year we made a move to stop using paper products for drinking cups so much by purchasing some reusable plastic ones we use instead. I am won-

dering if we could do more to heal the earth as individuals and as a congregation. This summer along with the church bulletins you bring me from other churches you visit on vacation, please bring ideas you have yourself or that you learn about related to becoming more "green" and bring them to me to display on my bulletin board. I hope these ideas will create a kind of seedbed of ideas from which we can grow as a congregation.

Faithfully yours,
Pastor Marable

